

# COASTAL NC

SATURDAY MARCH 30<sup>TH</sup>

OBX BOWLING CENTER  
NAGS HEAD OUTER BANKS



# BOWLING CLINICS

SUNDAY MARCH 31<sup>ST</sup>

ALBEMARLE BOWLING CENTER  
ELIZABETH CITY, NC

## WORK WITH NATIONALLY KNOWN COACH RON CLIFTON



Ron Clifton

Ron Clifton has a gift for teaching the sport of bowling in "easy-to-understand" terms and is well known around the world for his unique and effective training techniques. These unique teaching methods allow students to reprogram stubborn muscle memory; usually the biggest obstacle to improvement.

Ron recognizes that every bowler is different and does not apply the "cookie cutter" approach to his coaching. Ron has worked with bowlers at every level, from PBA Hall of Famers to the newest league bowler. Every bowler gets taught at their own skill level.

### HERE ARE A FEW NAMES YOU MAY RECOGNIZE THAT HAVE CALLED ON COACH RON'S EXPERTISE IN RECENT YEARS!

- 🎳 Kyle Troup - PBA National tour Star, Webber Cup Star, and 2018 Team USA Athlete
- 🎳 Connor Pickford - PBA National & Regional titleist
- 🎳 Marianne DiRupo - 10 PWBA national titles  
WIBC Queens Champion
- 🎳 Dennis Killough - High Roller & Bud Bowl titles



### ACCOLADES IN THE PRESS



*Top 100 coaches in the world...  
Personal coach for several top PBA  
South region players; holds  
"Advanced Bowler Training Clinics"  
across the U.S.* July 2008

RON WRITER FOR BOWLING THIS MONTH MAGAZINE FOR A DECADE.  
OVER 40 OF RON'S ARTICLES ARE ON HIS WEBSITE, BOWL4FUN.COM.

*Named as one of the most elite coaches in the US  
in the modern era of coaching by PBA Hall of Fame Coach  
John Jowdy in the April issue of BTM.*



*"...one of the best coaches I have worked with  
in 50 years of coaching." John Jowdy*

### ABOUT THE CLINIC

🎳 *Have your armswing, footwork, timing,  
and release evaluated and improved by one of the most  
knowledgeable coaches in the sport of bowling.* 🎳

🎳 *Learn Ron's simple but advanced method of lane play so  
you will be a able to quickly play any lane condition to  
the best of your ability.* 🎳

🎳 *Coach Ron will use high tech video analysis and his  
world-renowned teaching techniques to put you on  
a path to improvement and a better understanding of the sport.* 🎳

🎳 *Learn how different types of ball roll are created  
in order to match up to different oil patterns* 🎳

### LOCATION & PRICES

OBX BOWLING CENTER - MARCH 30TH  
200 W SATTERFIELD LANDING RD. NAGS HEAD, NC

ALBEMARLE BOWLING CENTER - MARCH 31ST  
603 S HUGHES BLVD, ELIZABETH CITY, NC

SQUAD TIMES 10AM-12PM & 12:30PM-2:30PM EACH DAY  
**LIMITED TO ONLY 8 BOWLERS PER SQUAD!**  
\$50 PER SQUAD ADULTS, \$40 YOUTH - PRICES PLUS LINEAGE

CONTACT  
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